



## House of Bamboo Well-Being Series Basket Weaving Workshop for Kids

We are delighted to announce the first Workshop from our Well-Being Series - Basket weaving with Veronica from Basketry Creations

The ancient craft of basketry is a wonderful way to build muscles and mental health. Our experienced teacher Veronika is ready and excited to guide you through each step. Escape to Bali in our special handwoven room where you will be surrounded by natural materials. Have fun and learn a new skill, while escaping from screens and

tech. Basketry builds eye/hand coordination, provides relaxation, relief from stress, reduces anxiety, enhances confidence and social skills and helps in using both the dominant and non-dominant hands at the same time.

**Suitable for age 6+ (age 6-8 must be accompanied by an adult). Take home your own creation.**

Tip: For parents who are planning to drop off, we suggest Friday fun at next door One Drop Brewery.

[Tickets](#)